



Summer Delight
Part I
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Summer Delight Part I

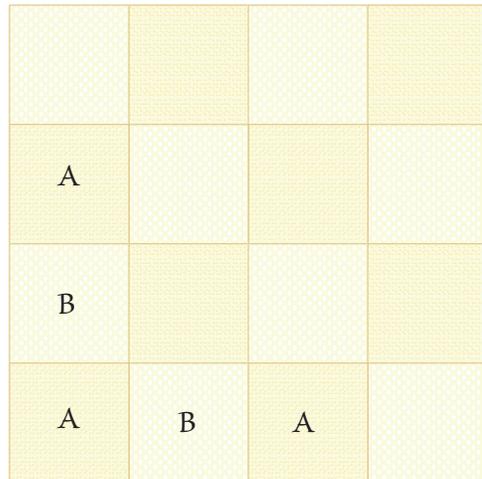
Tools and Supplies for Part 1

The appliqué fabrics listed below are for this part, and may be used for the remaining parts of the project.

- Fabrics:
 - *Background*--pieced from four very light or off white fabrics. The background can also be unpieced, using just one fabric.
 - *Green*--in two values. One for the triangles and two for the leaves.
 - *Orange red*--for the flower centers.
 - *Medium Brown*--for the flower stems.
 - *Golden Yellow*--for the flower petals.
- 100% cotton appliqué threads in colors closely matching fabrics.
- Appliqué Needles and long needles for basting.
- Thimble.
- Sharp scissors for cutting fabric.
- Small sharp scissors for cutting thread.
- Scissors for cutting paper and plastic.
- Template Plastic sheet.
- Fine straight pins.
- .05 Pigma for marking template plastic.
- .05 mechanical pencil for marking light colored fabric.
- Clover fine white pen for marking dark colored fabric.
- Rotary cutting set and sewing machine for a pieced background.

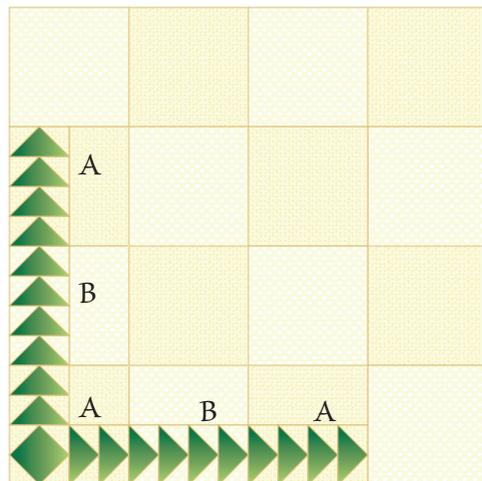
- Freezer Paper, available from your grocery store or quilt shop.
- Optional--Quick Quarter II® for piecing the triangles.

Directions for Pieced Background



Only the center/inner background is pieced at this point. The border and corners are added for Part III. The lower left corner of the center has Flying Geese around the edge with a Square on Point in the corner replacing the plain squares.

Instructions start on the next page.



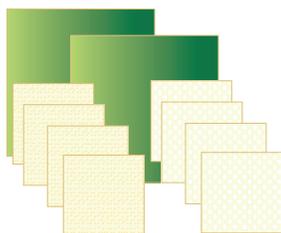
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Piecing (1½"x3" and 3" Finished)

The small squares, rectangles and 3½" square are the background of the squares that normally fall in those positions, A and B are noted in the squares replaced by the pieced Flying Geese and Square on Point.

The Flying Geese and Square on Point are made with squares only.

1. From green fabric, cut ONE 4¼" strip, from this strip, cut:
 - SIX 4¼" squares.
2. From the "A" background fabric, cut:
 - ONE 6½" strip, from this strip cut:
 - Cut FIVE 6½" squares. Set aside.
 - ONE 2⅜" strip, from this strip, cut:
 - SIXTEEN 2⅜" squares.
 - ONE 3½" strip, from this strip, cut:
 - TWO 3½"x6½" rectangles
 - ONE 3½" square.
3. From the "B" background fabric, cut:
 - ONE 6½" strip, from this strip cut:
 - Cut SIX 6½" squares. Set aside.
 - ONE 3½" strip, from this strip, cut:
 - EIGHT 2⅜" squares.
 - TWO 3½"x6½" rectangles
4. Set aside the FOUR rectangles and the 3½" square.
5. Set aside ONE green 4¼" square and FOUR 2⅜" "A" background squares for the Square on Point.



Marking the Squares:

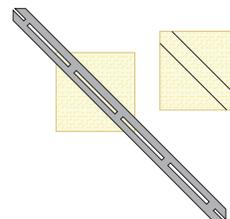
1. Mark the back of all the 2⅜" squares:

If you have an accurate ¼" foot on your sewing machine, mark one diagonal line corner to corner on the back of the squares.



OR

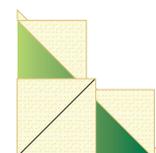
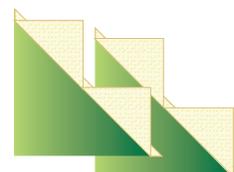
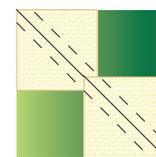
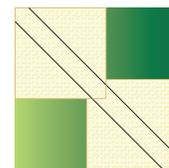
With the Quick Quarter II®, align the slits with the corners, mark a line on both sides of the tool with the .05 pencil.



Geese Assembly

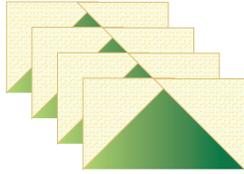
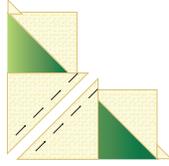
Change the stitch length on your machine to about 14-15 stitches per inch. This keeps the seams firm and from ravelling while appliquéing.

1. Align and pin two 2⅜" squares, on a 4¼" square diagonally, following the illustration, so the line or lines lay across the square.
2. Sew ¼" from the center line or on the Quick Quarter® lines. Cut corner to corner between the seams.
3. Press the triangles back over the seam allowances.
4. On each pressed unit, align one marked square so the line or lines point into the corner.



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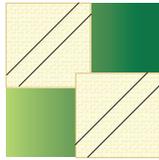
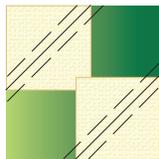
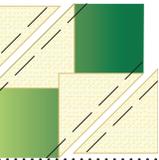
- Repeat the sewing steps.
- Cut between the seams of both units. Press triangles open for four Flying Geese.

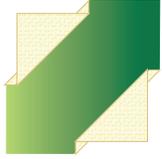


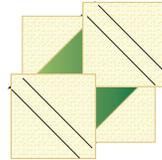
- Repeat steps with the eight remaining "A" $2\frac{3}{8}$ " background squares and two green $4\frac{1}{4}$ " squares.
- Repeat steps with "B" $2\frac{3}{8}$ " background squares and the two green $4\frac{1}{4}$ " squares, to make eight Flying Geese.

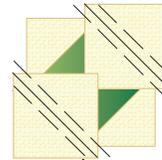
Square on Point

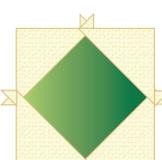
Square on Point is similar to the Flying Geese. Since these two kinds of patches are made from the same size squares, they can be used together. This time there are Bonus Half Square Triangles that are not used in this project, but can be saved for something else.

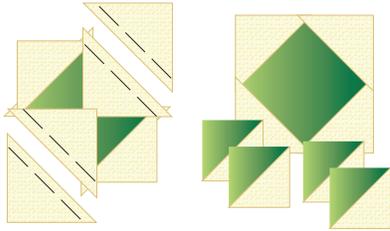
- Align and pin the set aside $2\frac{3}{8}$ " "A" background squares with the remaining green $4\frac{1}{4}$ " square, following the illustration 
- The line or lines lay "across the two opposite corners" of the $4\frac{1}{4}$ " square. 
- Sew $\frac{1}{4}$ " from the center line or on the Quick Quarter® lines.
- Cut corner to corner between the seams. 
- Set aside the two Bonus Triangles.

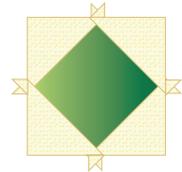
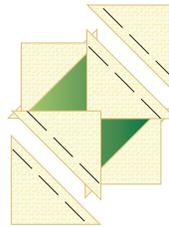
- Press the triangles back over the seam allowances. 

- Align two more marked squares so the lines are across the two remaining corners. 

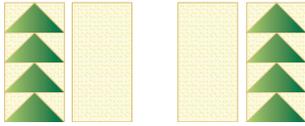
- Repeat the sewing steps. 

- Cut between the seams. 

- Press the triangles open.
- Trim protruding points, set aside Bonus Triangles. 



Background Assembly

- Sew FOUR Background "A" Flying Geese together, on top of each other. Make TWO units. 
- Press seam allowances away from the points.
- Sew an "A" rectangle to the right side of ONE unit. Sew the remaining "A" rectangle to the left side of the other unit. 
- Repeat steps 1-3 with the Flying Geese/Background "B" units and the "B" rectangles.

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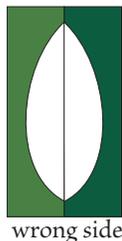
Appliquing the Center

NOTE: Fold the base fabric diagonally corner to corner, in both directions. Lightly press the folds. Do not draw on the base fabric. If you wish, mark folds with basting thread.

Leaves and Flowers

NOTE: Basting is preferable to pinning while sewing. Pins cannot be placed as close together as basting stitches which almost bonds the motif to the base fabric.

1. For the leaves, cut FIVE 1"x21" strips from a dark green Fat Quarter off one edge. The remaining 13" rectangle will be used for the border vine.
 - Cut FIVE 1"x21" strips from the green piecing fabric to match the length of the dark strips.
2. With matching thread on the sewing machine, set stitch length to about 14-15 stitches per inch. Small stitches won't show on the front, when the seams are pressed open.
3. Sew a strip of each value together, with ¼" seam allowances. Press seams open.
4. Align the points of the leaves with the seam line, on the wrong side, for freezer paper appliqué. When turned over, the lighter fabric is on the right.
5. Leave ⅝" or so between the leaves for seam allowance.
6. Place the leaves over the cluster on page 7, to resemble the drawing. Place



the flower petals over the leaves in numerical order.

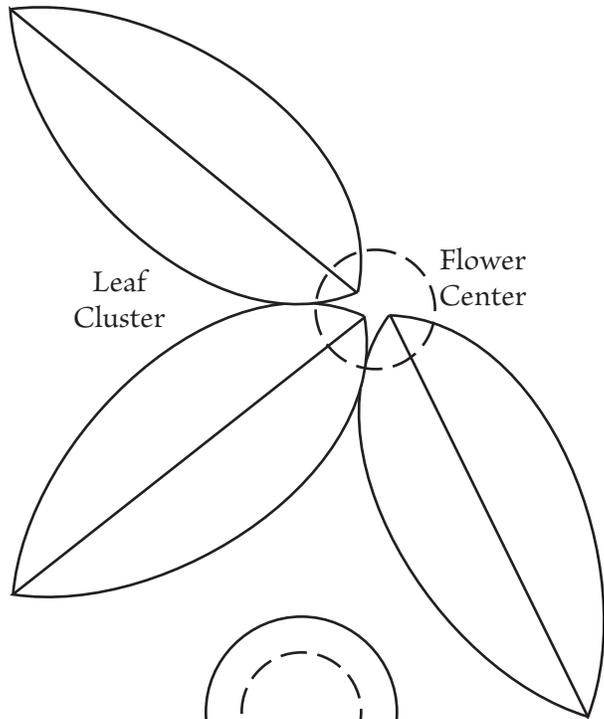
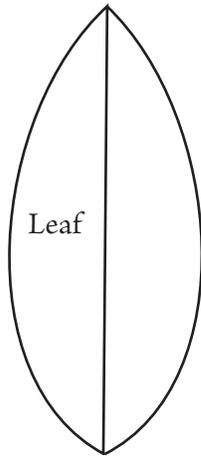
7. Baste the flower petals, following the numeric order and the leaves together as a unit. It will be easier to arrange units around the circle, than individual pieces.
8. Arrange the flower/leaf units around the circle. Turning them so the units are always angled away from the circle in the same way. Notice in the cover illustration how they twirl around.

Preparing the Stems

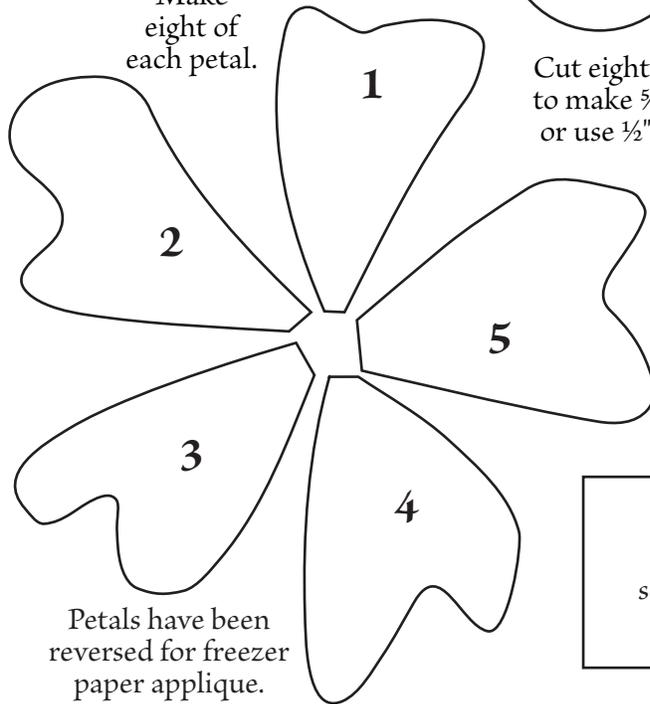
1. Since most of the stem is hidden it is not necessary to cut a fabric strip on the bias. Only small rectangular pieces are needed between the flower clusters.
2. To finish at ¼" wide, cut a ⅞"x16" strip of medium brown fabric across the width of the fabric. Cutting across the width, you can create a slight curve in the pieces.
3. Fold the piece in half lengthwise wrong sides together and press the fold.
4. Cut the folded strip into EIGHT 2" pieces. You probably only need 1½", but they can always be trimmed.
5. Fold each piece in half again and press. Each should be close to ¼" wide.
6. After arranging the flower/ leaf units, place a stem piece in between each unit, just covering the line of the circle.
7. Appliqué the folds of the stems first, then the units, then add the centers to finish the flowers.

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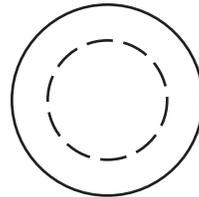
Make
24
leaves.



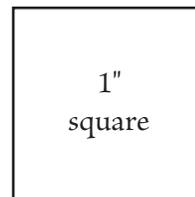
Make
eight of
each petal.



Cut eight 1" circles
to make $\frac{5}{8}$ " centers
or use $\frac{1}{2}$ " buttons.

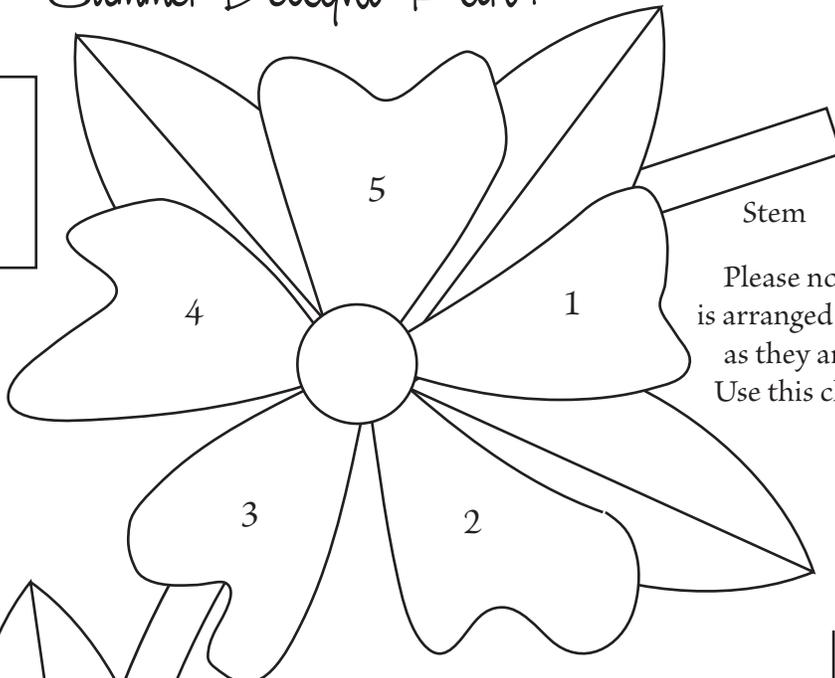
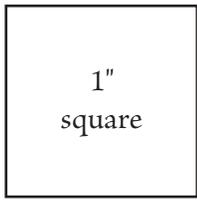


Petals have been
reversed for freezer
paper applique.

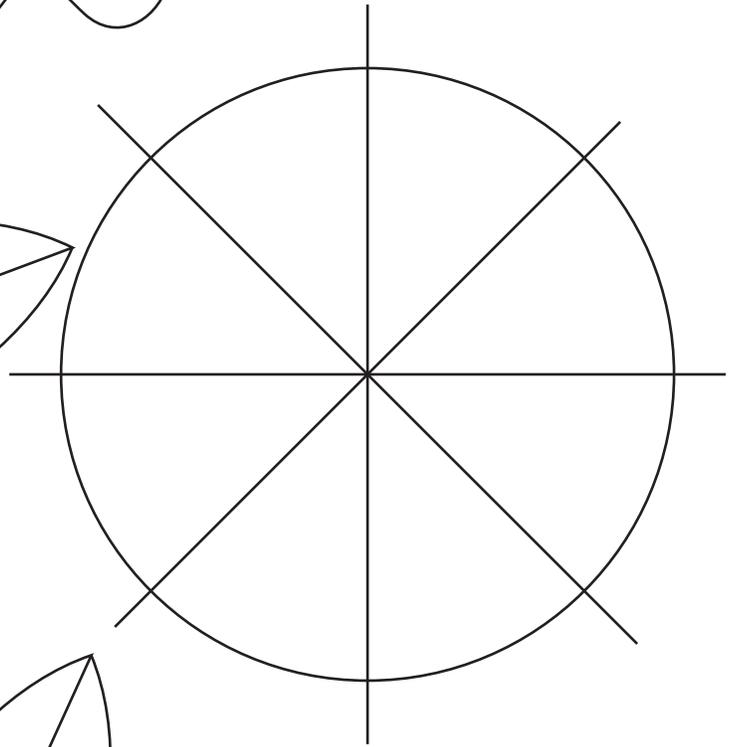
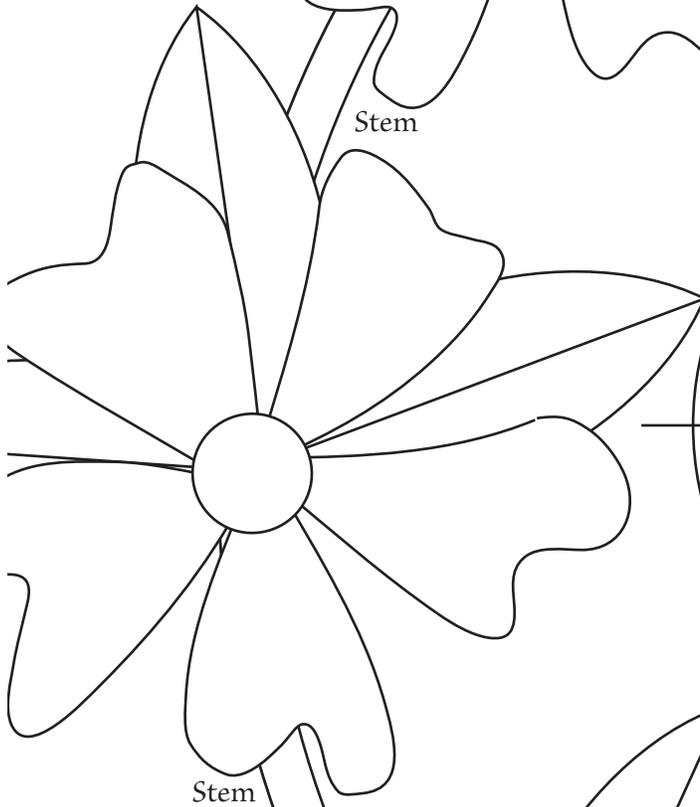


Summer Vine
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Summer Delight Part 1



Please note that each flower cluster is arranged in the same way, rotated 45° as they are placed around the circle. Use this cluster to arrange the flower and three leaves.



Draw a 10" circle centered on the background. This line will be covered. Divide the circle into eighths, mark each divisions. The flower centers are placed at these points.

